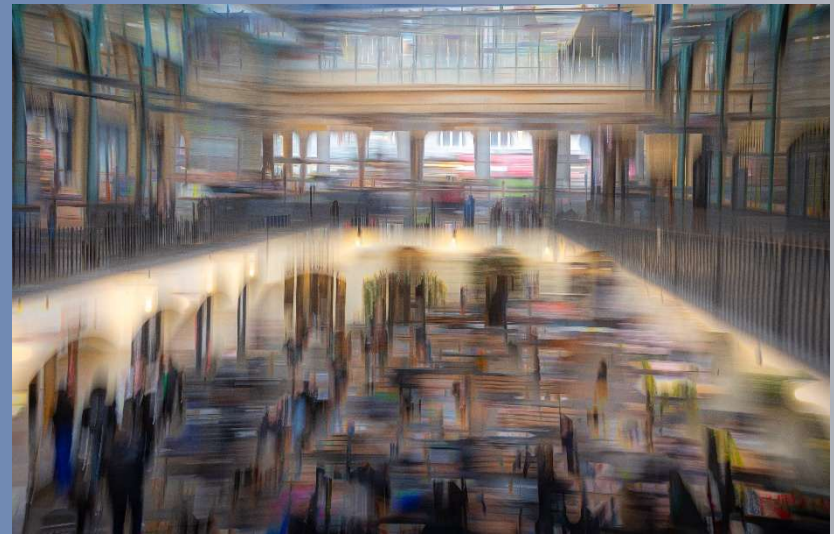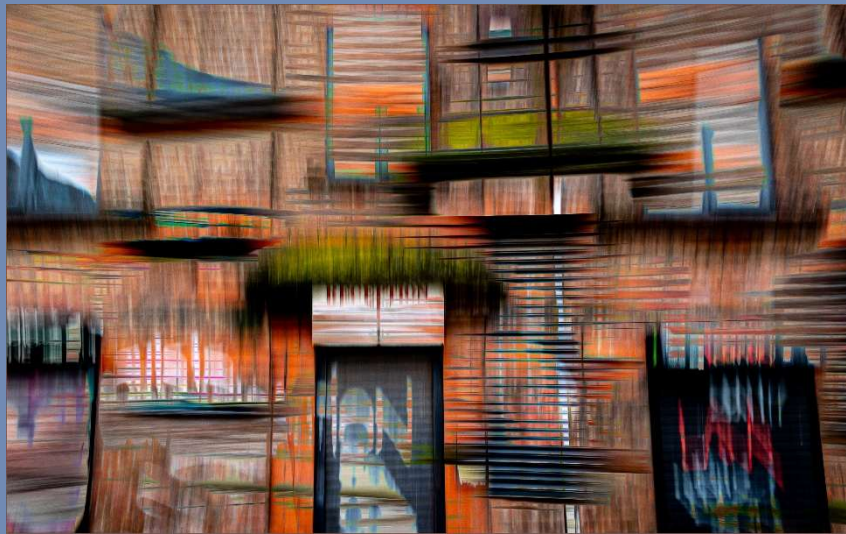# Alton Camera Club

Founded 1957

CLINIC SESSION

JANUARY 2026

LYNNE HARLES

QUESTION

How do you do multi exposure ICM?

How do you do multi exposure ICM?

This is how I do it …
- Set camera to multiple exposure – there are normally 4 modes:
  - Average (Combines the brightness of all images, balancing exposure to create a well-exposed final frame)
  - Additive(Adds the RGB values of each image, resulting in a brighter final image)
  - Dark (Keeps the darker area of the first image intact, overlaying the lighter area of the second image)
  - Light (Prioritizes lighter areas of the first image, overlaying darker areas of the second image)
- I generally use dark mode for ME ICMs – but you need to experiment to see what you like
- Set the number of images to 2

QUESTION

How do you do multi exposure ICM?

- Then you need to take the images:
  - I usually start with shutter speed of 1/10 to 1/15, I set the aperature to as small as I can (i.e. large number)
  - You may need to use an ND filter if it is a very bright scene – this allows LESS light into the camera and allows for a lower shutter speed
  - I then take an image vertically swiping down quite quickly
  - Then take an image horizontally again swiping down quite quickly
- The camera will show the resulting image and then you need to make adjustments to get the look you are after
- If I like the result, or I think it has potential, I will take a series of MEs with the same or similar settings
- You can adjust the line up of the images later by loading the images into PS as layers and using the blend modes to combine … I rarely do this unless I can see something in the image that I would like to be adjusted by a small amount
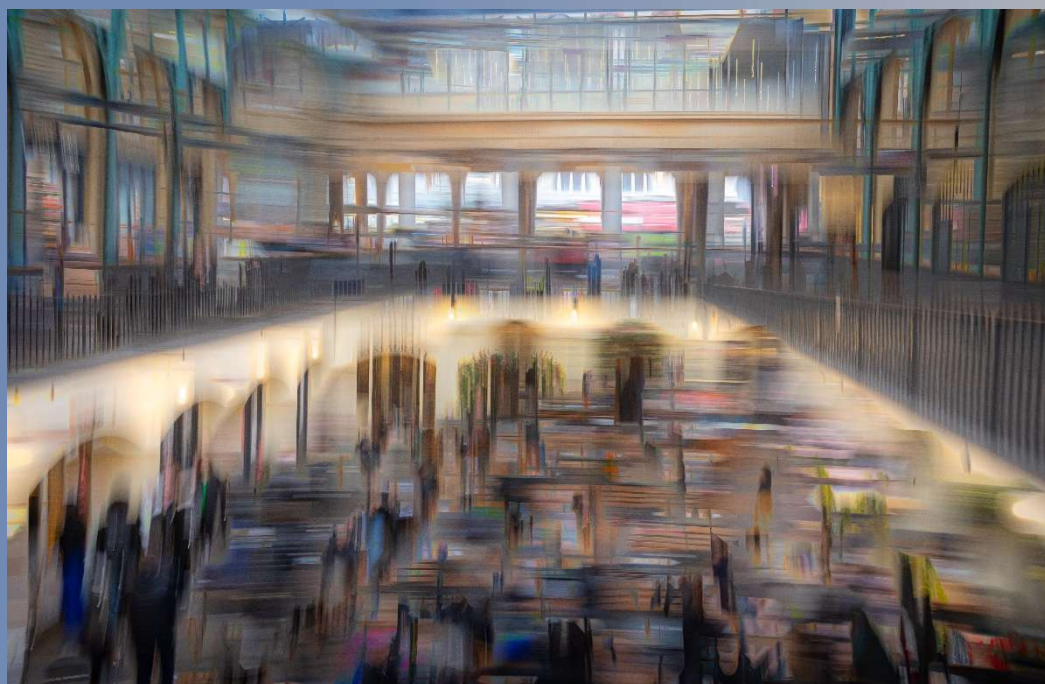
ORIGINAL ICM IMAGES
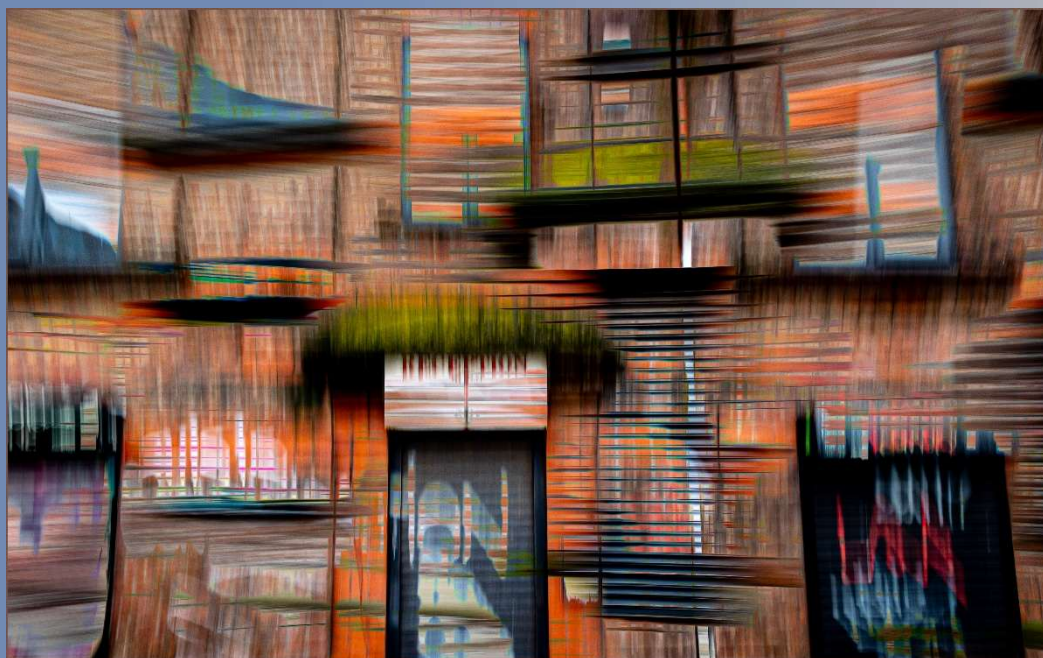
COMBINED RESULT

ORIGINAL ICM IMAGES

COMBINED RESULT

Other general ICM tips …

- Try and avoid stop and start points. If the image has very light parts (i.e. street lights) the start the movement before pressing the shutter
- Use a slower movement to get a softer effect – move backwards and forwards
- If you want a 'hatched effect' try and keep the camera movement parallel to the scene – if you did down or to one side you will see a curve in the movement

INSPIRATION:
- Gallery – ICM – Multi Exposure – Christopher Weeks
- Captivating ICM Photography by Roxanne Bouché Overton | Photographer

QUESTION

Adamski Effect

Adamski Effect

To achieve the Adamski Effect, follow these steps, typically using photo editing software like Adobe Photoshop:

1. Select Your Image: Choose a photograph that has strong vertical or horizontal lines, such as landscapes with trees or buildings. This will enhance the effect.
2. Layer Duplication: Open the image in Photoshop and duplicate the layer multiple times (usually three). Name the layers for clarity, such as "Vertical," "Horizontal," and "Background".
3. Apply Motion Blur:
•   For the Vertical layer, apply a Motion Blur with an angle of 90 degrees to create a vertical blur effect. Adjust the distance to achieve the desired intensity (typically between 300 to 1000 pixels).
•   For the Horizontal layer, apply a Motion Blur with an angle of 0 degrees for a horizontal blur effect.
4. Masking: Use layer masks to isolate the sharp subject in the image. This allows the background to remain blurred while keeping the main subject in focus.
5. Final Adjustments: Make any necessary adjustments to enhance the overall look of the image, ensuring that the blur complements the subject effectively.
6. I've found you need to select and isolate the subject first, or you get the subject blur in the image as well … lots of YouTube videos available!

ADDING A BORDER

!

PHOTOSHOP

To add a solid-colored border around your canvas, follow these steps:

1. Press Command or Control + A to select the canvas.
2. Create a new layer at the top of the layer stack.
3. Go to Edit > Stroke.
4. Choose a color and width for the border.
5. Set the stroke position to "Center."
6. Click OK.
7. Press Command or Control + D to deselect your canvas

Now your image has a border!

LIGHTROOM

To add a stroke border to an image in Lightroom, follow these steps:

1. Select the image you want to add a border to.
2. Switch to the Lightroom Print module.
3. In the settings on the right side, select the Print Job panel.
4. Set the Print Job to print to a JPEG File.
5. Enter the size, resolution, and quality of the image.
6. In the "Image Settings" panel, click the option to add a "Stroke Border".
7. Choose the image border color.
8. Click the Print to File… button.
9. Select where to save the image.